

VILLAGE DAIRY

EST. 1985

LLAETH  
Y LLAN

MADE IN WALES



## Ingredients

## Method

### Blueberry Smoothie

- 2 x 125g Llaeth y Llan Blueberry yogurt pots
- 1 Banana
- 50g Fresh Blueberries
- 100ml Semi Skimmed Milk
- 6 Large Ice Cubes

- Take all the ingredients and add them to a food blender.
- Blitz the ingredients until smooth.
- Pour into a tall glass and add blueberries to the top for decoration.

### Toffee Smoothie

- 3 x 125g Llaeth y Llan Toffee yogurt pots
- 100ml Semi Skimmed Milk
- 6 Large Ice Cubes

- Take all the ingredients and add them to food blender.
- Blitz the ingredients until smooth.
- Pour into a tall glass.

### Raspberry Smoothie

- 2 x 125g Llaeth y Llan Raspberry yogurt pots
- 1 scoop Vanilla Ice Cream
- 50g Fresh Raspberries
- 100ml Semi Skimmed Milk
- 6 Large Ice Cubes

- Take all the ingredients and add them to a food blender.
- Blitz the ingredients until smooth.
- Pour into a tall glass and add raspberries to the top for decoration.