



VILLAGE DAIRY
EST. 1985

**LLAETH
Y LLAN**

MADE IN WALES



Strawberry Yogurt Eton Mess

Ingredients

- 1 x 450g Llaeth Y Llan Strawberry Yogurt pot
- 6 x Meringue Nests
- 300ml Double Cream
- 100g Fresh Strawberries
- 100g Fresh Strawberries (for puree)
- Icing Sugar
- Fresh Mint (for decoration)

Method

- Take 100g strawberries and blend into a puree.
- In a large bowl, whisk the cream until thick peaks.
- Roughly crush 5 meringues and tip into the whipped cream, then gently fold in the strawberry yogurt.
- Drizzle the strawberry puree into the mix and gently fold. Dollop into bowls.
- Crush the remaining meringue and sprinkle over the top.
- Add chopped strawberries and dust with icing sugar.
- Finally decorate with a sprig of fresh mint.